Verses - Lord, I have cried
Tone plagal 2 - 2 4 4 4 2 2.

1)
  Set a watch, O Lord, before my mouth and
  a door round about my lips.

2)
  Incline not my heart to evil words,
  to make excuses in sins.

3)
  With men that work iniquity, and
  I will not com-mas-i-cate with the choic-
  -est of them.

4)
  The just man shall correct me in mercy
  and shall re-prove me, but let not
  the oil of the sinner anoint my head.
5. For my prayer al-so shall still be a-gainst

the things with which they are well pleased, their
judges fall-ing up on the rock have been
swallowed up.

6. They shall hear my words for they are sweet.

As when the thick-ness of the Earth is
broken up. up on the ground, their bones
are scat-tered by the side of hell.

7. But to thee, O Lord, Lord are mine eyes: in thee
have I put my trust; take not a-way my soul.
8) Keep me from the snare which they have laid for me; and the traps of the workers of iniquity.

9) Let the wicked fall into their own nets while I alone escape.

10) I cried unto the Lord with my voice; with my voice unto the Lord did I make my supplication.

11) I poured out my supplication before Him; I showed before Him my trouble.
12. When my spirit was overwhelmed within me, then thou knewestest my path.

13. In the way wherein I walked have they secretly laid a snare for me.

14. I looked on my right hand and beheld, but there was no one that would know me.

15. Refuge failed me no one cared for my soul.

16. I cried unto Thee, O Lord; I
I am brought very low.

I tend unto my dry

I am cut off and for I am very loved

for they are strong

and my refuge and my

the portion in the land of