Lenten Hours

(Adapted from Mousike Pandekte, Vol. 1)

First Hour

Plagal of Second Tone

In the morning, hearken unto my voice, O my King and my God.

My steps do Thou direct according to Thy saying, and let no iniquity have dominion over me, 

Deliver me from the false accusation.
Lenten Hours (1st Hour, cont.)

- sation of men, and I will keep Thy

- mand-ments, (twice)

Make Thy face to shine upon Thy ser-

-vant, and teach me Thy statutes, (twice)

Let my mouth be filled with Thy praise,

O Lord, that I may hymn Thy glory

and Thy majesty all the day long, (twice)

Final: (III)

Let my mouth be filled with Thy praise, O

Lord, that I may hymn Thy glory

and Thy majesty all the day long.
(Lenten Hours, cont.)

Third Hour
Plagal of Second Tone

Ὅρος ἡ Ἐγν.

(M)

O Lord, who at the third hour didst send down

Thine All-holy Spirit upon Thy

disciples and apostles: Take not Him

from us, O Good One, but re-new Him in

us who pray unto Thee.

*Final:

but re-new Him in us who pray unto

Thee.
Lenten Hours
Sixth Hour
Second Tone

Thou Who on the sixth day and at the sixth hour didst nail to the Cross the sin that Adam dared to commit in Paradise: Render so the handwriting of our offenses, O Christ God, and save us.

* Final:

of our offenses, O Christ God, and save us.