Lenten Dismissal Hymns

Plagal of First Tone.

Rejoice, O Virgin Theotoko -- Kos Mar --

Blessed art thou among women and blessed

in the fruit of thy womb, for thou didst give

birth to the Savor of our souls. (prostration)

O Baptizer of Christ, remember our congregation, that we may escape from our iniquities, for to thee

was given grace to intercede for us. (prostration)

Glory to the Father, and to the Son, and to
The Holy Spirit.

O pure apostles, and all ye saints, pray for our sakes, that we escape tribulation and sorrow, for we have taken ye as fervent intercessors with the Saviour's (prostration) both now and ever, and unto ages of ages. Amen.

We have taken refuge under the wing of thy compassion, O Theotokos. Turn not away from our beseechings in tribulation.
but save us from distress, O thou who art alone

art pure and blessed. (no prostration)